

# ACADEMIC OBSTACLES

## Reflect & Plan Worksheet

### Part 1: Identify Your Academic Obstacles

Think about challenges you face that get in the way of your school success. These could be related to time, motivation, understanding material, or anything else that makes school harder for you.

Obstacles	How does this obstacle get in the way of your success?
1.	
2.	
3.	
4.	

### Part 2: Find Possible Solutions

Now that you've identified your obstacles, brainstorm ways to overcome them. Try to think of at least 3 ideas for each obstacle that might help.

Obstacles	Solution 1	Solution 2	Solution 3	Solution 4
1.				
2.				
3.				
4.				